



VIRTUAL SELF-LED FREEDOM IN CHRIST DISCIPLESHIP COURSE

Perhaps you are considering going through the Freedom in Christ Discipleship course. This is a ten-session course with a special set of videos taking you through The Steps to Freedom in Christ which occurs between session 7 and 8. The Steps are the key focus of the course, taking you through a prayer exercise in response to what you have learned in the previous sessions.

The following provides you with a summary of each session as well as The Steps process. Each session is approximately 45 minutes to 1 hour in length with two pauses for thought breaks and a time of reflection and response to God at the end. You will have access to a PDF of the questions or you can use the fillable online form that allows a caring and trained Sponsor to track your progress and respond to any question you may have. Regardless of which path you chose, independent or interactive study, we will be praying for you as you work through the biblical truths contained in the materials.

After prayerfully considering your commitment to complete the course at this time, if you would like to begin please let us know and we will create a login account for you. Once you begin the course you will have a total of 60 days to complete it. This course is being made available to you free of charge under the ministry umbrella of T3 Discipleship Ministry. Your only financial expense will be to order The Steps to Freedom in Christ workbook through Freedom in Christ Ministries.

RE: KEY TRUTHS

WHO AM I? - To realize that deep down inside we are now completely New Creations in Christ, "holy ones", who are accepted, secure, and significant. (2 Corinthians 5:17) Your decision to follow Christ was the defining moment of your life and led to a complete change in who you now are.

CHOOSING TO BELIEVE THE TRUTH - To understand that everyone lives by faith in something or someone. Faith in God is no more than finding out what is already actually true and choosing to believe and act on it. (Hebrews 11:6) God is truth. Find out what he has said is true and choose to believe it, whether it feels true or not, and your Christian life will be transformed.

RE: THE WORLD, THE FLESH, AND THE DEVIL

THE WORLD'S VIEW OF TRUTH - To understand that Christians need to make a definite decision to turn away from believing what the world teaches and choose instead to believe what God says is true. (Romans 12:2) The world we grew up in influenced us to look at life in a particular way and to see that way as true. However, if it doesn't stack up with what God says is true, we need to reject it and bring our beliefs into line with what is really true.

OUR DAILY CHOICE - To understand that although we still have urges that tend to pull us away from relying completely on God and following the promptings of his Spirit, we no longer have to give in to them but are free to make a genuine Choice. (Romans 8:a) Although you are a new person in Christ with a completely new nature, and are free to live according to what the Holy Spirit tells you, obeying him is not automatic.

THE BATTLE FOR OUR MINDS - To understand that, although our enemy, the Devil, is constantly attempting to get us to believe lies, we don't have to believe every thought that comes into our head but can hold each one up against truth and choose to accept or reject it. (Ephesians 6:11) We are all in a spiritual battle. It's a battle between truth and lies, and it takes place in our minds. If we are aware of how Satan works, we will not fall for his schemes.

RE: BREAKING THE HOLD OF THE PAST

HANDLING EMOTIONS WELL - **To understand our emotional nature and how it is related to what we believe.** (1 Peter 5:7-8) Our emotions are essentially a product of our thoughts and the barometer of our spiritual health.

FORGIVING FROM THE HEART - **To recognize what forgiveness is and what it is not, and to learn how to forgive from the heart.** (Matthew 18:34-35) In order to experience our freedom in Christ we need to relate to other people in the same way that God relates to us - on the basis of complete forgiveness and acceptance.

PRAYER RESPONSE: THE STEPS TO FREEDOM IN CHRIST - **To lead participants through a process of repentance so they can resolve their personal and spiritual conflicts by submitting to God and resisting the devil, and thereby experienced their freedom in Christ. To help them become aware of lies that they have been believing so that they can take steps to renew their mind.** (James 4:7) Christ has set us free (Galatians 5:1) but we will not experience that freedom without genuine repentance. Confession, admitting that we did wrong, is the first step to repentance but that on its own it's not enough. We must both submit to God and resist the devil. We must also make a choice about what we believe and how we are living and decide to change. If we want to grow in Christ we must choose to renounce the lies we have believed and any sin in our lives, and announce our choice to believe what God says is true and start to live accordingly.

RENEWING THE MIND - **To understand that taking hold of and living in your freedom in Christ is not a one-off experience but needs to become a way of life and to provide you with a strategy to continually renew your mind.** (Romans 12:2) All of us have mental strongholds, ways of thinking that are not in line with God's truth. Our success in continuing to walk in Freedom in growing maturity depends on the extent to which we continue to renew our minds and trained ourselves to distinguish good from evil.

RE: GROWING AS A DISCIPLE

RELATING TO OTHERS - **To understand our roles and responsibilities in relationships so that we can grow together in Christ in Express true Unity.** (Matthew 22:37-40) As disciples of Christ we will want to be part of the answer to Jesus prayer that we will be one. In learning to relate well to others we need to assume responsibility for our own character and seek to meet the needs of others, rather than the other way around.

MAINTAINING FREEDOM - **To evaluate what we believe in the light of God's word and make adjustments where necessary so that we can stay on the path of becoming more like Jesus.** (1 Timothy 1:5) Nothing and no one can keep us from being the person God created us to be, but if we want to be truly successful, fulfilled, satisfied, and so on, we need to uncover and throw out false beliefs about what those things mean and commit ourselves to believing the truth in the Bible.